

Halifax Field Naturalists: July Canoe Trip

(registration required - see below)



Saturday 19 July 2025

(Rain date 20 July)

1:30 PM Start

Meet at the gut bridge on
Rainbow Haven exit road
(on Cow Bay Road)

Difficulty: Should be with the tide, both ways
Wind may be a factor

Duration: 4 to 4.5 hours



Photo: Bernie McKenna

Once again, we're taking to the water for an HFN canoe/kayak trip. This time, we're going to explore the Cole Harbour Marsh. Being tidal, it has two full tidal cycles every 24 hours as well as inflow from two rivers - from Lake Major and Long Lake. We'll launch on the in-coming tide and recover on the falling tide at the gut bridge on Cow Bay Road. Wading shoes, waterproof stowage, food, water, and spare paddles are recommended. **Life jackets are mandatory and registration is required.** Anyone needing a paddling partner or having an extra canoe/kayak please let Bernie know.

To register, contact Bernie McKenna at 902-434-3202 or mckennab197@gmail.com

For more information, email: hfn.inquiries@gmail.com